

Contemporary approaches to the theories and practices of psychotherapy and counselling

[View Online](#)

1.

Rabin, Herbert M. The liberating effect on the analyst of the paradigm shift in psychoanalysis. *Psychoanalytic Psychology* [Internet]. 1995; Available from: <http://search.ebscohost.com/login.aspx?direct=true&db=pdh&AN=1996-15142-001&site=ehost-live>

2.

Papadopoulos RK. The handbook of Jungian psychology: theory, practice, and applications [Internet]. London: Routledge; 2006. Available from: <https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780203489680>

3.

Jung CG, Jaffé A. *Memories, dreams, reflections*. London: Fontana; 1995.

4.

Klein M. The psychoanalytic play technique. *American Journal of Orthopsychiatry* [Internet]. 1955;25(2):223-37. Available from: <http://web.b.ebscohost.com/ehost/pdfviewer/pdfviewer?sid=703b64da-2a77-4c13-b861-ac8e3ebf14e6%40sessionmgr112&vid=3&hid=107>

5.

Barnett, Laura. When death enters the therapeutic space: existential perspectives in psychotherapy and counselling [Internet]. London: Routledge; 2009. Available from: <https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780203891>

285

6.

Casement, Ann. Carl Gustav Jung. Vol. Key figures in counselling and psychotherapy. London: Sage; 2001.

7.

Bateman, Anthony, Brown, Dennis, Pedder, Jonathan. Introduction to psychotherapy: an outline of psychodynamic principles and practice [Internet]. 4th ed. London: Routledge; 2010. Available from:
<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780203841112>

8.

Beck, Aaron T. Cognitive therapy and the emotional disorders. Vol. A meridian book. New York: New American Library; 1979.

9.

Beck, Judith S. Cognitive behavior therapy: basics and beyond [Internet]. 2nd ed. New York: Guilford Press; 2011. Available from:
<https://ebookcentral.proquest.com/lib/goldsmiths/detail.action?docID=735600>

10.

Beck, Aaron T., Emery, Gary, Greenberg, Ruth L. Anxiety disorders and phobias: a cognitive perspective. [20th anniversary ed.], rev. pbk. ed. Cambridge, Mass: Basic Books; 2005.

11.

Beck, Aaron T. Cognitive therapy of depression [Internet]. Vol. The Guilford clinical psychology and psychotherapy series. New York: Guilford Press; 1979. Available from:
<https://ebookcentral.proquest.com/lib/goldsmiths/detail.action?docID=31319082>

12.

Casemore R, Tudway J. Person-centred therapy and CBT: siblings not rivals. Los Angeles: Sage; 2012.

13.

Claringbull, Norman. What is counselling and psychotherapy? [Internet]. Vol. Counselling and psychotherapy practice. Exeter: Learning Matters; 2010. Available from: <https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780857255648>

14.

Cooper M, Watson JC, Hölldampf D. Person-centered and experiential therapies work: a review of the research on counseling, psychotherapy and related practices. Ross-on-Wye: PCCS Books; 2010.

15.

Dryden, Windy. Dryden's handbook of individual therapy [Internet]. 5th ed. London: Sage; 2007. Available from: <https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9781446296233>

16.

Dryden W, Branch R. The CBT handbook. London: Sage; 2012.

17.

Dryden, Windy, Neenan, Michael, Ellis, Albert. Counselling individuals: a rational emotive behavioural handbook. 4th ed. London: Whurr; 2004.

18.

Yalom, Irvin D. The gift of therapy: reflections on being a therapist. London: Piatkus; 2002.

19.

Ellis, Albert. Reason and emotion in psychotherapy. Rev. and updated. Secaucus, NJ: Carol Pub. Group; 1994.

20.

Feltham C. Counselling and counselling psychology: a critical examination. Ross-on-Wye: PCCS Books; 2013.

21.

Feltham, Colin. Critical thinking in counselling and psychotherapy. Los Angeles: SAGE; 2010.

22.

Freud S. Repression (1915). In: The standard edition of the complete psychological works of Sigmund Freud: On the history of the psycho-analytic movement ; Papers on metapsychology, and other works. London: The Hogarth Press and the Institute of Psycho-analysis; 1957.

23.

Freud S, Freud A, Strachey J. The essentials of psycho-analysis. Harmondsworth: Penguin; 1991.

24.

Grant, Alec. Cognitive behavioural interventions for mental health practitioners [Internet]. Vol. Mental health in practice. Exeter: Learning Matters; 2010. Available from: <https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780857256003>

25.

Hall K, Godwin N, Snell I. The problem with psychoanalytic psychotherapy. Vol. Problem

with-- series. London: Karnac Books; 2010.

26.

Hall K, Iqbal F. The problem with cognitive behavioural therapy. Vol. The problem with-- series. London: Karnac; 2010.

27.

Howard A. Challenges to counselling and psychotherapy. London: Macmillan; 1996.

28.

Jacobs, Michael. D.W. Winnicott [Internet]. Vol. Key figures in counselling and psychotherapy. London: Sage; 1995. Available from:
<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9781446264744>

29.

Jacobs, Michael. Sigmund Freud [Internet]. 2nd ed. Vol. Key figures in counselling and psychotherapy. London: Sage; 2003. Available from:
<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9781412932516>

30.

Jacobs, Michael. The presenting past: the core of psychodynamic counselling and therapy (3rd edition) [Internet]. 3rd ed. Maidenhead: Open University Press; 2006. Available from:
<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780335225927>

31.

Jacobs, Michael. The presenting past: the core of psychodynamic counselling and therapy (4th edition). 4th ed. Maidenhead: Open University Press; 2012.

32.

Klein M. Chapter 1: The origins of psychodynamic counselling. Chapter 2: Basic assumption. Chapter 3: The structure and function of the mind. In: The psychodynamic counselling primer. Ross-on-Wye: PCCS Books; 2006.

33.

McLeod J. An introduction to counselling [Internet]. Fifth edition. Maidenhead: Open University Press; 2013. Available from:
<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780335247233>

34.

McLeod, John. An introduction to counselling (4th Ed) [Internet]. 4th ed. Maidenhead: McGraw Hill/Open University Press; 2009. Available from:
<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780335240036>

35.

Mearns, Dave, Thorne, Brian, McLeod, John. Person-centred counselling in action. 4th ed. Vol. SAGE counselling in action. London: Sage; 2013.

36.

Mitchell, Stephen A, Black, Margaret J. Freud and beyond: a history of modern psychoanalytic thought. New York: BasicBooks; 1995.

37.

Nelson-Jones, Richard. Theory and practice of counselling and therapy. 5th ed. Thousand Oaks, Calif: Sage; 2011.

38.

Proctor G. Politicizing the person-centred approach: an agenda for social change. Ross-on-Wye: PCCS Books; 2006.

39.

Rogers, Carl R., Kirschenbaum, Howard, Henderson, Valerie Land. The Carl Rogers reader. London: Constable; 1990.

40.

Rogers, Carl R. Client-centered therapy: its current practice, implications and theory. London: Constable; 2003.

41.

Rogers, Carl R. On becoming a person: a therapist's view of psychotherapy. London: Constable; 2004.

42.

Sanders P, Baker N, editors. The tribes of the person-centred nation: an introduction to the schools of therapy related to the person-centred approach. Second edition. Ross-on-Wye: PCCS Books; 2012.

43.

Segal H. Chapter 3: The paranoid-schizoid position and Chapter 6: The depressive position. In: Introduction to the work of Melanie Klein. New, enlarged edition. London: Karnac and the Institute of Psycho-Analysis; 1988.

44.

Segal, Julia. Melanie Klein [Internet]. 2nd ed. Vol. Key figures in counselling and psychotherapy. London: Sage; 2004. Available from: <https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9781412933421>

45.

Symington, Joan, Symington, Neville. The clinical thinking of Wilfred Bion [Internet]. Vol.

The Makers of modern psychotherapy. London: Routledge; 1996. Available from:
<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780203130148>

46.

Thorne, Brian. Carl Rogers. Vol. Key figures in counselling and psychotherapy. London: SAGE; 1992.

47.

Totton N. The problem with the humanistic therapies. Vol. The problem with-- series. London: Karnac; 2010.

48.

Weishaar, Marjorie E. Aaron T. Beck. Vol. Key figures in counselling and psychotherapy. London: Sage Publications; 1993.

49.

Sanders, Diana, Wills, Frank. Cognitive behaviour therapy: foundations for practice [Internet]. 3rd ed. London: Sage; 2013. Available from:
<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9781446271353>

50.

Yalom, Irvin D. Love's executioner: and other tales of psychotherapy. London: Penguin; 1991.

51.

Yankura, Joseph, Dryden, Windy. Albert Ellis. Vol. Key figures in counselling and psychotherapy. London: Sage Publications; 1994.

52.

Kahn M. Basic Freud: psychoanalytic thought for the twenty first century. New York: Basic Books; 2002.

53.

Showalter E. The female malady: women, madness, and English culture, 1830-1980. London: Virago; 1987.

54.

Frosh S. Psychoanalysis, colonialism, racism. Journal of Theoretical and Philosophical Psychology [Internet]. 2013;33(3):141-54. Available from: <http://search.ebscohost.com/login.aspx?direct=true&db=pdh&AN=2013-28278-002&site=ehost-live>

55.

Twemlow SW, Parens H. Might Freud's legacy lie beyond the couch? Psychoanalytic Psychology [Internet]. 2006;23(2):430-51. Available from: <http://search.ebscohost.com/login.aspx?direct=true&db=pdh&AN=2006-05420-016&site=ehost-live>

56.

Dianne Hunter. Hysteria, Psychoanalysis, and Feminism: The Case of Anna O. Feminist Studies [Internet]. 1983;9(3):464-88. Available from: <http://www.jstor.org/stable/pdf/3177609.pdf?acceptTC=true>