

Contemporary approaches to the theories and practices of psychotherapy and counselling

View Online



1.

Rabin, Herbert M.: The liberating effect on the analyst of the paradigm shift in psychoanalysis. *Psychoanalytic Psychology*. (1995).

2.

Papadopoulos, R.K.: *The handbook of Jungian psychology: theory, practice, and applications*. Routledge, London (2006).

3.

Jung, C.G., Jaffé, A.: *Memories, dreams, reflections*. Fontana, London (1995).

4.

Klein, M.: The psychoanalytic play technique. *American Journal of Orthopsychiatry*. 25, 223–237 (1955). <https://doi.org/10.1111/j.1939-0025.1955.tb00131.x>.

5.

Barnett, Laura: *When death enters the therapeutic space: existential perspectives in psychotherapy and counselling*. Routledge, London (2009).

6.

Casement, Ann: *Carl Gustav Jung*. Sage, London (2001).

7.

Bateman, Anthony, Brown, Dennis, Pedder, Jonathan: Introduction to psychotherapy: an outline of psychodynamic principles and practice. Routledge, London (2010).

8.

Beck, Aaron T.: Cognitive therapy and the emotional disorders. New American Library, New York (1979).

9.

Beck, Judith S.: Cognitive behavior therapy: basics and beyond. Guilford Press, New York (2011).

10.

Beck, Aaron T., Emery, Gary, Greenberg, Ruth L.: Anxiety disorders and phobias: a cognitive perspective. Basic Books, Cambridge, Mass (2005).

11.

Beck, Aaron T.: Cognitive therapy of depression. Guilford Press, New York (1979).

12.

Casemore, R., Tudway, J.: Person-centred therapy and CBT: siblings not rivals. Sage, Los Angeles (2012).

13.

Claringbull, Norman: What is counselling and psychotherapy? Learning Matters, Exeter (2010).

14.

Cooper, M., Watson, J.C., Hölldampf, D.: Person-centered and experiential therapies work: a review of the research on counseling, psychotherapy and related practices. PCCS Books, Ross-on-Wye (2010).

15.

Dryden, Windy: Dryden's handbook of individual therapy. Sage, London (2007).

16.

Dryden, W., Branch, R.: The CBT handbook. Sage, London (2012).

17.

Dryden, Windy, Neenan, Michael, Ellis, Albert: Counselling individuals: a rational emotive behavioural handbook. Whurr, London (2004).

18.

Yalom, Irvin D.: The gift of therapy: reflections on being a therapist. Piatkus, London (2002).

19.

Ellis, Albert: Reason and emotion in psychotherapy. Carol Pub. Group, Secaucus, NJ (1994).

20.

Feltham, C.: Counselling and counselling psychology: a critical examination. PCCS Books, Ross-on-Wye (2013).

21.

Feltham, Colin: Critical thinking in counselling and psychotherapy. SAGE, Los Angeles (2010).

22.

Freud, S.: Repression (1915). In: The standard edition of the complete psychological works of Sigmund Freud: On the history of the psycho-analytic movement ; Papers on metapsychology, and other works. The Hogarth Press and the Institute of Psycho-analysis, London (1957).

23.

Freud, S., Freud, A., Strachey, J.: The essentials of psycho-analysis. Penguin, Harmondsworth (1991).

24.

Grant, Alec: Cognitive behavioural interventions for mental health practitioners. Learning Matters, Exeter (2010).

25.

Hall, K., Godwin, N., Snell, I.: The problem with psychoanalytic psychotherapy. Karnac Books, London (2010).

26.

Hall, K., Iqbal, F.: The problem with cognitive behavioural therapy. Karnac, London (2010).

27.

Howard, A.: Challenges to counselling and psychotherapy. Macmillan, London (1996).

28.

Jacobs, Michael: D.W. Winnicott. Sage, London (1995).

29.

Jacobs, Michael: Sigmund Freud. Sage, London (2003).

30.

Jacobs, Michael: The presenting past: the core of psychodynamic counselling and therapy (3rd edition). Open University Press, Maidenhead (2006).

31.

Jacobs, Michael: The presenting past: the core of psychodynamic counselling and therapy (4th edition). Open University Press, Maidenhead (2012).

32.

Klein, M.: Chapter 1: The origins of psychodynamic counselling. Chapter 2: Basic assumption. Chapter 3: The structure and function of the mind. In: The psychodynamic counselling primer. PCCS Books, Ross-on-Wye (2006).

33.

McLeod, J.: An introduction to counselling. Open University Press, Maidenhead (2013).

34.

McLeod, John: An introduction to counselling (4th Ed). McGraw Hill/Open University Press, Maidenhead (2009).

35.

Mearns, Dave, Thorne, Brian, McLeod, John: Person-centred counselling in action. Sage, London (2013).

36.

Mitchell, Stephen A, Black, Margaret J.: Freud and beyond: a history of modern

psychoanalytic thought. BasicBooks, New York (1995).

37.

Nelson-Jones, Richard: Theory and practice of counselling and therapy. Sage, Thousand Oaks, Calif (2011).

38.

Proctor, G.: Politicizing the person-centred approach: an agenda for social change. PCCS Books, Ross-on-Wye (2006).

39.

Rogers, Carl R., Kirschenbaum, Howard, Henderson, Valerie Land: The Carl Rogers reader. Constable, London (1990).

40.

Rogers, Carl R.: Client-centered therapy: its current practice, implications and theory. Constable, London (2003).

41.

Rogers, Carl R.: On becoming a person: a therapist's view of psychotherapy. Constable, London (2004).

42.

Sanders, P., Baker, N. eds: The tribes of the person-centred nation: an introduction to the schools of therapy related to the person-centred approach. PCCS Books, Ross-on-Wye (2012).

43.

Segal, H.: Chapter 3: The paranoid-schizoid position and Chapter 6: The depressive position. In: Introduction to the work of Melanie Klein. Karnac and the Institute of

Psycho-Analysis, London (1988).

44.

Segal, Julia: Melanie Klein. Sage, London (2004).

45.

Symington, Joan, Symington, Neville: The clinical thinking of Wilfred Bion. Routledge, London (1996).

46.

Thorne, Brian: Carl Rogers. SAGE, London (1992).

47.

Totton, N.: The problem with the humanistic therapies. Karnac, London (2010).

48.

Weishaar, Marjorie E.: Aaron T. Beck. Sage Publications, London (1993).

49.

Sanders, Diana, Wills, Frank: Cognitive behaviour therapy: foundations for practice. Sage, London (2013).

50.

Yalom, Irvin D.: Love's executioner: and other tales of psychotherapy. Penguin, London (1991).

51.

Yankura, Joseph, Dryden, Windy: Albert Ellis. Sage Publications, London (1994).

52.

Kahn, M.: Basic Freud: psychoanalytic thought for the twenty first century. Basic Books, New York (2002).

53.

Showalter, E.: The female malady: women, madness, and English culture, 1830-1980. Virago, London (1987).

54.

Frosh, S.: Psychoanalysis, colonialism, racism. Journal of Theoretical and Philosophical Psychology. 33, 141-154 (2013). <https://doi.org/10.1037/a0033398>.

55.

Twemlow, S.W., Parens, H.: Might Freud's legacy lie beyond the couch? Psychoanalytic Psychology. 23, 430-451 (2006). <https://doi.org/10.1037/0736-9735.23.2.430>.

56.

Dianne Hunter: Hysteria, Psychoanalysis, and Feminism: The Case of Anna O. Feminist Studies. 9, 464-488 (1983).