

Contemporary approaches to the theories and practices of psychotherapy and counselling

[View Online](#)

Barnett, Laura. When Death Enters the Therapeutic Space: Existential Perspectives in Psychotherapy and Counselling. London: Routledge, 2009. Web.
<<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780203891285>>.

Bateman, Anthony, Brown, Dennis, and Pedder, Jonathan. Introduction to Psychotherapy: An Outline of Psychodynamic Principles and Practice. 4th ed. London: Routledge, 2010. Web.
<<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780203841112>>.

Beck, Aaron T. Cognitive Therapy and the Emotional Disorders. A meridian book. New York: New American Library, 1979. Print.

---. Cognitive Therapy of Depression. The Guilford clinical psychology and psychotherapy series. New York: Guilford Press, 1979. Web.
<<https://ebookcentral.proquest.com/lib/goldsmiths/detail.action?docID=31319082>>.

Beck, Aaron T., Emery, Gary, and Greenberg, Ruth L. Anxiety Disorders and Phobias: A Cognitive Perspective. [20th anniversary ed.], rev. pbk. ed. Cambridge, Mass: Basic Books, 2005. Print.

Beck, Judith S. Cognitive Behavior Therapy: Basics and Beyond. 2nd ed. New York: Guilford Press, 2011. Web.
<<https://ebookcentral.proquest.com/lib/goldsmiths/detail.action?docID=735600>>.

Casement, Ann. Carl Gustav Jung. Key figures in counselling and psychotherapy. London: Sage, 2001. Print.

Casemore, Roger, and Jeremy Tudway. Person-Centred Therapy and CBT: Siblings Not Rivals. Los Angeles: Sage, 2012. Print.

Claringbull, Norman. What Is Counselling and Psychotherapy? Counselling and psychotherapy practice. Exeter: Learning Matters, 2010. Web.
<<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780857255648>>.

Cooper, Mick, Jeanne C. Watson, and Dagmar Hölldampf. Person-Centered and Experiential Therapies Work: A Review of the Research on Counseling, Psychotherapy and Related Practices. Ross-on-Wye: PCCS Books, 2010. Print.

Dianne Hunter. 'Hysteria, Psychoanalysis, and Feminism: The Case of Anna O.' *Feminist Studies* 9.3 (1983): 464–488. Web.
<<http://www.jstor.org/stable/pdf/3177609.pdf?acceptTC=true>>.

Dryden, Windy. *Dryden's Handbook of Individual Therapy*. 5th ed. London: Sage, 2007. Web.
<<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9781446296233>>.

Dryden, Windy, and Rhena Branch. *The CBT Handbook*. London: Sage, 2012. Print.

Dryden, Windy, Neenan, Michael, and Ellis, Albert. *Counselling Individuals: A Rational Emotive Behavioural Handbook*. 4th ed. London: Whurr, 2004. Print.

Ellis, Albert. *Reason and Emotion in Psychotherapy*. Rev. and updated. Secaucus, NJ: Carol Pub. Group, 1994. Print.

Feltham, Colin. *Counselling and Counselling Psychology: A Critical Examination*. Ross-on-Wye: PCCS Books, 2013. Print.

Feltham, Colin. *Critical Thinking in Counselling and Psychotherapy*. Los Angeles: SAGE, 2010. Print.

Freud, S. 'Repression (1915)'. *The Standard Edition of the Complete Psychological Works of Sigmund Freud: On the History of the Psycho-Analytic Movement; Papers on Metapsychology, and Other Works*. London: The Hogarth Press and the Institute of Psycho-analysis, 1957. Print.

Freud, Sigmund, Anna Freud, and James Strachey. *The Essentials of Psycho-Analysis*. Harmondsworth: Penguin, 1991. Print.

Frosh, Stephen. 'Psychoanalysis, Colonialism, Racism.' *Journal of Theoretical and Philosophical Psychology* 33.3 (2013): 141–154. Web.
<<http://search.ebscohost.com/login.aspx?direct=true&db=pdh&AN=2013-28278-002&site=ehost-live>>.

Grant, Alec. *Cognitive Behavioural Interventions for Mental Health Practitioners*. Mental health in practice. Exeter: Learning Matters, 2010. Web.
<<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780857256003>>.

Hall, Kirsty, Nicola Godwin, and Iain Snell. *The Problem with Psychoanalytic Psychotherapy*. Problem with-- series. London: Karnac Books, 2010. Print.

Hall, Kirsty, and Furhan Iqbal. *The Problem with Cognitive Behavioural Therapy*. The problem with-- series. London: Karnac, 2010. Print.

Howard, Alex. *Challenges to Counselling and Psychotherapy*. London: Macmillan, 1996. Print.

Jacobs, Michael. D.W. Winnicott. *Key figures in counselling and psychotherapy*. London:

Sage, 1995. Web.

<<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9781446264744>>.

---. Sigmund Freud. 2nd ed. Key figures in counselling and psychotherapy. London: Sage, 2003. Web.

<<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9781412932516>>.

---. The Presenting Past: The Core of Psychodynamic Counselling and Therapy (3rd Edition). 3rd ed. Maidenhead: Open University Press, 2006. Web.

<<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780335225927>>.

---. The Presenting Past: The Core of Psychodynamic Counselling and Therapy (4th Edition). 4th ed. Maidenhead: Open University Press, 2012. Print.

Jung, C. G., and Aniela Jaffé. Memories, Dreams, Reflections. London: Fontana, 1995. Print.

Kahn, Michael. Basic Freud: Psychoanalytic Thought for the Twenty First Century. New York: Basic Books, 2002. Print.

Klein, Mavis. 'Chapter 1: The Origins of Psychodynamic Counselling. Chapter 2: Basic Assumption. Chapter 3: The Structure and Function of the Mind.' The Psychodynamic Counselling Primer. Ross-on-Wye: PCCS Books, 2006. Print.

Klein, Melanie. 'The Psychoanalytic Play Technique.' American Journal of Orthopsychiatry 25.2 (1955): 223-237. Web.

<<http://web.b.ebscohost.com/ehost/pdfviewer/pdfviewer?sid=703b64da-2a77-4c13-b861-ac8e3ebf14e6%40sessionmgr112&vid=3&hid=107>>.

McLeod, John. An Introduction to Counselling. Fifth edition. Maidenhead: Open University Press, 2013. Web.

<<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780335247233>>.

McLeod, John. An Introduction to Counselling (4th Ed). 4th ed. Maidenhead: McGraw Hill/Open University Press, 2009. Web.

<<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780335240036>>.

Mearns, Dave, Thorne, Brian, and McLeod, John. Person-Centred Counselling in Action. 4th ed. SAGE counselling in action. London: Sage, 2013. Print.

Mitchell, Stephen A and Black, Margaret J. Freud and beyond: A History of Modern Psychoanalytic Thought. New York: BasicBooks, 1995. Print.

Nelson-Jones, Richard. Theory and Practice of Counselling and Therapy. 5th ed. Thousand Oaks, Calif: Sage, 2011. Print.

Papadopoulos, Renos K. The Handbook of Jungian Psychology: Theory, Practice, and Applications. London: Routledge, 2006. Web.
<<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780203489680>>.

Proctor, Gillian. Politicizing the Person-Centred Approach: An Agenda for Social Change. Ross-on-Wye: PCCS Books, 2006. Print.

Rabin, Herbert M. 'The Liberating Effect on the Analyst of the Paradigm Shift in Psychoanalysis.' Psychoanalytic Psychology (1995): n. pag. Web.
<<http://search.ebscohost.com/login.aspx?direct=true&db=pdh&AN=1996-15142-001&site=ehost-live>>.

Rogers, Carl R. Client-Centered Therapy: Its Current Practice, Implications and Theory. London: Constable, 2003. Print.

---. On Becoming a Person: A Therapist's View of Psychotherapy. London: Constable, 2004. Print.

Rogers, Carl R., Kirschenbaum, Howard, and Henderson, Valerie Land. The Carl Rogers Reader. London: Constable, 1990. Print.

Sanders, Diana and Wills, Frank. Cognitive Behaviour Therapy: Foundations for Practice. 3rd ed. London: Sage, 2013. Web.
<<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9781446271353>>.

Sanders, Pete, and Nick Baker, eds. The Tribes of the Person-Centred Nation: An Introduction to the Schools of Therapy Related to the Person-Centred Approach. Second edition. Ross-on-Wye: PCCS Books, 2012. Print.

Segal, Hanna. 'Chapter 3: The Paranoid-Schizoid Position and Chapter 6: The Depressive Position'. Introduction to the Work of Melanie Klein. New, enlarged edition. London: Karnac and the Institute of Psycho-Analysis, 1988. Print.

Segal, Julia. Melanie Klein. 2nd ed. Key figures in counselling and psychotherapy. London: Sage, 2004. Web.
<<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9781412933421>>.

Showalter, Elaine. The Female Malady: Women, Madness, and English Culture, 1830-1980. London: Virago, 1987. Print.

Symington, Joan and Symington, Neville. The Clinical Thinking of Wilfred Bion. The Makers of modern psychotherapy. London: Routledge, 1996. Web.
<<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780203130148>>.

Thorne, Brian. Carl Rogers. Key figures in counselling and psychotherapy. London: SAGE, 1992. Print.

Totton, Nick. *The Problem with the Humanistic Therapies. The problem with-- series.* London: Karnac, 2010. Print.

Twemlow, Stuart W., and Henri Parens. 'Might Freud's Legacy Lie beyond the Couch?' *Psychoanalytic Psychology* 23.2 (2006): 430-451. Web.
<<http://search.ebscohost.com/login.aspx?direct=true&db=pdh&AN=2006-05420-016&site=ehost-live>>.

Weishaar, Marjorie E. Aaron T. Beck. *Key figures in counselling and psychotherapy.* London: Sage Publications, 1993. Print.

Yalom, Irvin D. *Love's Executioner: And Other Tales of Psychotherapy.* London: Penguin, 1991. Print.

---. *The Gift of Therapy: Reflections on Being a Therapist.* London: Piatkus, 2002. Print.

Yankura, Joseph and Dryden, Windy. *Albert Ellis. Key figures in counselling and psychotherapy.* London: Sage Publications, 1994. Print.