

# Contemporary approaches to the theories and practices of psychotherapy and counselling

View Online



---

Barnett, Laura (2009) *When death enters the therapeutic space: existential perspectives in psychotherapy and counselling*. London: Routledge. Available at:  
<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780203891285>.

Bateman, Anthony, Brown, Dennis, and Pedder, Jonathan (2010) *Introduction to psychotherapy: an outline of psychodynamic principles and practice*. 4th ed. London: Routledge. Available at:  
<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780203841112>.

Beck, Aaron T. (1979a) *Cognitive therapy and the emotional disorders*. New York: New American Library.

Beck, Aaron T. (1979b) *Cognitive therapy of depression*. New York: Guilford Press. Available at:  
<https://ebookcentral.proquest.com/lib/goldsmiths/detail.action?docID=31319082>.

Beck, Aaron T., Emery, Gary, and Greenberg, Ruth L. (2005) *Anxiety disorders and phobias: a cognitive perspective*. [20th anniversary ed.], rev. pbk. ed. Cambridge, Mass: Basic Books.

Beck, Judith S. (2011) *Cognitive behavior therapy: basics and beyond*. 2nd ed. New York: Guilford Press. Available at:  
<https://ebookcentral.proquest.com/lib/goldsmiths/detail.action?docID=735600>.

Casement, Ann (2001) *Carl Gustav Jung*. London: Sage.

Casemore, R. and Tudway, J. (2012) *Person-centred therapy and CBT: siblings not rivals*. Los Angeles: Sage.

Claringbull, Norman (2010) *What is counselling and psychotherapy?* Exeter: Learning Matters. Available at:  
<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780857255648>.

Cooper, M., Watson, J.C. and Hölldampf, D. (2010) *Person-centered and experiential therapies work: a review of the research on counseling, psychotherapy and related practices*. Ross-on-Wye: PCCS Books.

Dianne Hunter (1983) 'Hysteria, Psychoanalysis, and Feminism: The Case of Anna O.', *Feminist Studies*, 9(3), pp. 464–488. Available at:  
<http://www.jstor.org/stable/pdf/3177609.pdf?acceptTC=true>.

Dryden, W. and Branch, R. (2012) *The CBT handbook*. London: Sage.

Dryden, Windy (2007) *Dryden's handbook of individual therapy*. 5th ed. London: Sage.  
Available at:  
<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9781446296233>.

Dryden, Windy, Neenan, Michael, and Ellis, Albert (2004) *Counselling individuals: a rational emotive behavioural handbook*. 4th ed. London: Whurr.

Ellis, Albert (1994) *Reason and emotion in psychotherapy*. Rev. and updated. Secaucus, NJ: Carol Pub. Group.

Feltham, C. (2013) *Counselling and counselling psychology: a critical examination*. Ross-on-Wye: PCCS Books.

Feltham, Colin (2010) *Critical thinking in counselling and psychotherapy*. Los Angeles: SAGE.

Freud, S. (1957) 'Repression (1915)', in *The standard edition of the complete psychological works of Sigmund Freud: On the history of the psycho-analytic movement; Papers on metapsychology, and other works*. London: The Hogarth Press and the Institute of Psycho-analysis.

Freud, S., Freud, A. and Strachey, J. (1991) *The essentials of psycho-analysis*. Harmondsworth: Penguin.

Frosh, S. (2013) 'Psychoanalysis, colonialism, racism.', *Journal of Theoretical and Philosophical Psychology*, 33(3), pp. 141–154. Available at:  
<https://doi.org/10.1037/a0033398>.

Grant, Alec (2010) *Cognitive behavioural interventions for mental health practitioners*. Exeter: Learning Matters. Available at:  
<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780857256003>.

Hall, K., Godwin, N. and Snell, I. (2010) *The problem with psychoanalytic psychotherapy*. London: Karnac Books.

Hall, K. and Iqbal, F. (2010) *The problem with cognitive behavioural therapy*. London: Karnac.

Howard, A. (1996) *Challenges to counselling and psychotherapy*. London: Macmillan.

Jacobs, Michael (1995) *D.W. Winnicott*. London: Sage. Available at:  
<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9781446264744>.

Jacobs, Michael (2003) Sigmund Freud. 2nd ed. London: Sage. Available at:  
<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9781412932516>.

Jacobs, Michael (2006) The presenting past: the core of psychodynamic counselling and therapy (3rd edition) [electronic resource]. 3rd ed. Maidenhead: Open University Press. Available at:  
<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780335225927>.

Jacobs, Michael (2012) The presenting past: the core of psychodynamic counselling and therapy (4th edition). 4th ed. Maidenhead: Open University Press.

Jung, C.G. and Jaffé, A. (1995) Memories, dreams, reflections. London: Fontana.

Kahn, M. (2002) Basic Freud: psychoanalytic thought for the twenty first century. New York: Basic Books.

Klein, M. (1955) 'The psychoanalytic play technique.', American Journal of Orthopsychiatry, 25(2), pp. 223–237. Available at: <https://doi.org/10.1111/j.1939-0025.1955.tb00131.x>.

Klein, M. (2006) 'Chapter 1: The origins of psychodynamic counselling. Chapter 2: Basic assumption. Chapter 3: The structure and function of the mind.', in The psychodynamic counselling primer. Ross-on-Wye: PCCS Books.

McLeod, J. (2013) An introduction to counselling. Fifth edition. Maidenhead: Open University Press. Available at:  
<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780335247233>.

McLeod, John (2009) An introduction to counselling (4th Ed). 4th ed. Maidenhead: McGraw Hill/Open University Press. Available at:  
<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780335240036>.

Mearns, Dave, Thorne, Brian, and McLeod, John (2013) Person-centred counselling in action. 4th ed. London: Sage.

Mitchell, Stephen A and Black, Margaret J. (1995) Freud and beyond: a history of modern psychoanalytic thought. New York: BasicBooks.

Nelson-Jones, Richard (2011) Theory and practice of counselling and therapy. 5th ed. Thousand Oaks, Calif: Sage.

Papadopoulos, R.K. (2006) The handbook of Jungian psychology: theory, practice, and applications. London: Routledge. Available at:  
<https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780203489680>.

Proctor, G. (2006) Politicizing the person-centred approach: an agenda for social change. Ross-on-Wye: PCCS Books.

- Rabin, Herbert M. (1995) 'The liberating effect on the analyst of the paradigm shift in psychoanalysis.', *Psychoanalytic Psychology* [Preprint]. Available at: <http://search.ebscohost.com/login.aspx?direct=true&db=pdh&AN=1996-15142-001&site=ehost-live>.
- Rogers, Carl R. (2003) *Client-centered therapy: its current practice, implications and theory*. London: Constable.
- Rogers, Carl R. (2004) *On becoming a person: a therapist's view of psychotherapy*. London: Constable.
- Rogers, Carl R., Kirschenbaum, Howard, and Henderson, Valerie Land (1990) *The Carl Rogers reader*. London: Constable.
- Sanders, Diana and Wills, Frank (2013) *Cognitive behaviour therapy: foundations for practice*. 3rd ed. London: Sage. Available at: <https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9781446271353>.
- Sanders, P. and Baker, N. (eds) (2012) *The tribes of the person-centred nation: an introduction to the schools of therapy related to the person-centred approach*. Second edition. Ross-on-Wye: PCCS Books.
- Segal, H. (1988) 'Chapter 3: The paranoid-schizoid position and Chapter 6: The depressive position', in *Introduction to the work of Melanie Klein*. New, enlarged edition. London: Karnac and the Institute of Psycho-Analysis.
- Segal, Julia (2004) *Melanie Klein*. 2nd ed. London: Sage. Available at: <https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9781412933421>.
- Showalter, E. (1987) *The female malady: women, madness, and English culture, 1830-1980*. London: Virago.
- Symington, Joan and Symington, Neville (1996) *The clinical thinking of Wilfred Bion*. London: Routledge. Available at: <https://www.vlebooks.com/vleweb/product/openreader?id=Goldsmiths&isbn=9780203130148>.
- Thorne, Brian (1992) *Carl Rogers*. London: SAGE.
- Totton, N. (2010) *The problem with the humanistic therapies*. London: Karnac.
- Twemlow, S.W. and Parens, H. (2006) 'Might Freud's legacy lie beyond the couch?', *Psychoanalytic Psychology*, 23(2), pp. 430-451. Available at: <https://doi.org/10.1037/0736-9735.23.2.430>.
- Weishaar, Marjorie E. (1993) *Aaron T. Beck*. London: Sage Publications.
- Yalom, Irvin D. (1991) *Love's executioner: and other tales of psychotherapy*. London: Penguin.

Yalom, Irvin D. (2002) *The gift of therapy: reflections on being a therapist*. London: Piatkus.

Yankura, Joseph and Dryden, Windy (1994) *Albert Ellis*. London: Sage Publications.