Contemporary approaches to the theories and practices of psychotherapy and counselling



Barnett, Laura. 2009. When Death Enters the Therapeutic Space: Existential Perspectives in Psychotherapy and Counselling. London: Routledge.

Bateman, Anthony, Brown, Dennis, and Pedder, Jonathan. 2010. Introduction to Psychotherapy: An Outline of Psychodynamic Principles and Practice. 4th ed. London: Routledge.

Beck, Aaron T. 1979a. Cognitive Therapy and the Emotional Disorders. Vol. A meridian book. New York: New American Library.

Beck, Aaron T. 1979b. Cognitive Therapy of Depression. Vol. The Guilford clinical psychology and psychotherapy series. New York: Guilford Press.

Beck, Aaron T., Emery, Gary, and Greenberg, Ruth L. 2005. Anxiety Disorders and Phobias: A Cognitive Perspective. [20th anniversary ed.], rev. pbk. ed. Cambridge, Mass: Basic Books.

Beck, Judith S. 2011. Cognitive Behavior Therapy: Basics and Beyond. 2nd ed. New York: Guilford Press.

Casement, Ann. 2001. Carl Gustav Jung. Vol. Key figures in counselling and psychotherapy. London: Sage.

Casemore, Roger, and Jeremy Tudway. 2012. Person-Centred Therapy and CBT: Siblings Not Rivals. Los Angeles: Sage.

Claringbull, Norman. 2010. What Is Counselling and Psychotherapy? Vol. Counselling and psychotherapy practice. Exeter: Learning Matters.

Cooper, Mick, Jeanne C. Watson, and Dagmar Hölldampf. 2010. Person-Centered and Experiential Therapies Work: A Review of the Research on Counseling, Psychotherapy and Related Practices. Ross-on-Wye: PCCS Books.

Dianne Hunter. 1983. 'Hysteria, Psychoanalysis, and Feminism: The Case of Anna O.' Feminist Studies 9(3):464–88.

Dryden, Windy. 2007. Dryden's Handbook of Individual Therapy. 5th ed. London: Sage.

Dryden, Windy, and Rhena Branch. 2012. The CBT Handbook. London: Sage.

Dryden, Windy, Neenan, Michael, and Ellis, Albert. 2004. Counselling Individuals: A Rational Emotive Behavioural Handbook. 4th ed. London: Whurr.

Ellis, Albert. 1994. Reason and Emotion in Psychotherapy. Rev. and updated. Secaucus, NJ: Carol Pub. Group.

Feltham, Colin. 2010. Critical Thinking in Counselling and Psychotherapy. Los Angeles: SAGE.

Feltham, Colin. 2013. Counselling and Counselling Psychology: A Critical Examination. Ross-on-Wye: PCCS Books.

Freud, S. 1957. 'Repression (1915)'. in The standard edition of the complete psychological works of Sigmund Freud: On the history of the psycho-analytic movement; Papers on metapsychology, and other works. London: The Hogarth Press and the Institute of Psycho-analysis.

Freud, Sigmund, Anna Freud, and James Strachey. 1991. The Essentials of Psycho-Analysis. Harmondsworth: Penguin.

Frosh, Stephen. 2013. 'Psychoanalysis, Colonialism, Racism.' Journal of Theoretical and Philosophical Psychology 33(3):141–54. doi: 10.1037/a0033398.

Grant, Alec. 2010. Cognitive Behavioural Interventions for Mental Health Practitioners. Vol. Mental health in practice. Exeter: Learning Matters.

Hall, Kirsty, Nicola Godwin, and Iain Snell. 2010. The Problem with Psychoanalytic Psychotherapy. Vol. Problem with-- series. London: Karnac Books.

Hall, Kirsty, and Furhan Iqbal. 2010. The Problem with Cognitive Behavioural Therapy. Vol. The problem with-- series. London: Karnac.

Howard, Alex. 1996. Challenges to Counselling and Psychotherapy. London: Macmillan.

Jacobs, Michael. 1995. D.W. Winnicott. Vol. Key figures in counselling and psychotherapy. London: Sage.

Jacobs, Michael. 2003. Sigmund Freud. Vol. Key figures in counselling and psychotherapy. 2nd ed. London: Sage.

Jacobs, Michael. 2006. The Presenting Past: The Core of Psychodynamic Counselling and Therapy (3rd Edition). 3rd ed. Maidenhead: Open University Press.

Jacobs, Michael. 2012. The Presenting Past: The Core of Psychodynamic Counselling and Therapy (4th Edition). 4th ed. Maidenhead: Open University Press.

Jung, C. G., and Aniela Jaffé. 1995. Memories, Dreams, Reflections. London: Fontana.

Kahn, Michael. 2002. Basic Freud: Psychoanalytic Thought for the Twenty First Century. New York: Basic Books. Klein, Mavis. 2006. 'Chapter 1: The Origins of Psychodynamic Counselling. Chapter 2: Basic Assumption. Chapter 3: The Structure and Function of the Mind.' in The psychodynamic counselling primer. Ross-on-Wye: PCCS Books.

Klein, Melanie. 1955. 'The Psychoanalytic Play Technique.' American Journal of Orthopsychiatry 25(2):223–37. doi: 10.1111/j.1939-0025.1955.tb00131.x.

McLeod, John. 2009. An Introduction to Counselling (4th Ed). 4th ed. Maidenhead: McGraw Hill/Open University Press.

McLeod, John. 2013. An Introduction to Counselling. Fifth edition. Maidenhead: Open University Press.

Mearns, Dave, Thorne, Brian, and McLeod, John. 2013. Person-Centred Counselling in Action. Vol. SAGE counselling in action. 4th ed. London: Sage.

Mitchell, Stephen A and Black, Margaret J. 1995. Freud and beyond: A History of Modern Psychoanalytic Thought. New York: BasicBooks.

Nelson-Jones, Richard. 2011. Theory and Practice of Counselling and Therapy. 5th ed. Thousand Oaks, Calif: Sage.

Papadopoulos, Renos K. 2006. The Handbook of Jungian Psychology: Theory, Practice, and Applications. London: Routledge.

Proctor, Gillian. 2006. Politicizing the Person-Centred Approach: An Agenda for Social Change. Ross-on-Wye: PCCS Books.

Rabin, Herbert M. 1995. 'The Liberating Effect on the Analyst of the Paradigm Shift in Psychoanalysis.' Psychoanalytic Psychology.

Rogers, Carl R. 2003. Client-Centered Therapy: Its Current Practice, Implications and Theory. London: Constable.

Rogers, Carl R. 2004. On Becoming a Person: A Therapist's View of Psychotherapy. London: Constable.

Rogers, Carl R., Kirschenbaum, Howard, and Henderson, Valerie Land. 1990. The Carl Rogers Reader. London: Constable.

Sanders, Diana and Wills, Frank. 2013. Cognitive Behaviour Therapy: Foundations for Practice. 3rd ed. London: Sage.

Sanders, Pete, and Nick Baker, eds. 2012. The Tribes of the Person-Centred Nation: An Introduction to the Schools of Therapy Related to the Person-Centred Approach. Second edition. Ross-on-Wye: PCCS Books.

Segal, Hanna. 1988. 'Chapter 3: The Paranoid-Schzoid Position and Chapter 6: The Depressive Position'. in Introduction to the work of Melanie Klein. London: Karnac and the Institute of Psycho-Analysis.

Segal, Julia. 2004. Melanie Klein. Vol. Key figures in counselling and psychotherapy. 2nd ed. London: Sage.

Showalter, Elaine. 1987. The Female Malady: Women, Madness, and English Culture, 1830-1980. London: Virago.

Symington, Joan and Symington, Neville. 1996. The Clinical Thinking of Wilfred Bion. Vol. The Makers of modern psychotherapy. London: Routledge.

Thorne, Brian. 1992. Carl Rogers. Vol. Key figures in counselling and psychotherapy. London: SAGE.

Totton, Nick. 2010. The Problem with the Humanistic Therapies. Vol. The problem with--series. London: Karnac.

Twemlow, Stuart W., and Henri Parens. 2006. 'Might Freud's Legacy Lie beyond the Couch?' Psychoanalytic Psychology 23(2):430–51. doi: 10.1037/0736-9735.23.2.430.

Weishaar, Marjorie E. 1993. Aaron T. Beck. Vol. Key figures in counselling and psychotherapy. London: Sage Publications.

Yalom, Irvin D. 1991. Love's Executioner: And Other Tales of Psychotherapy. London: Penguin.

Yalom, Irvin D. 2002. The Gift of Therapy: Reflections on Being a Therapist. London: Piatkus.

Yankura, Joseph and Dryden, Windy. 1994. Albert Ellis. Vol. Key figures in counselling and psychotherapy. London: Sage Publications.